Tartan Youth LACROSSE SAFETY RULES AND REGULATIONS

Tartan Youth Lacrosse recognizes the extraordinary nature of the precautions that must be taken to keep participants and staff safe during this COVID-19 pandemic of 2020-21. At the same time, Tartan Youth Lacrosse is keenly aware of the importance of providing, to the greatest extent practicable, opportunities for players who have been deprived of extra-curricular activities of all types for nearly a year.

On Friday, January 22, 2021 Governor Andrew Cuomo announced that “high risk” sports in all regions may begin to practice and play beginning February 1st with local county health department approval. Subsequently, the Schenectady County Department of Health created a detailed set of guidelines (released January 28, 2021) which Armory Lacrosse has adopted.

To that end, Tartan Youth Lacrosse has developed the following plan to offer a camp/season for lacrosse in a manner that addresses all aspects of the Schenectady County Department of Health Guidance and Requirements For Resumption of K-12 Higher-Risk Sports Activities.

HEALTH-RELATED REQUIREMENTS

Baseline for Return to Athletics: In compliance with the DOH recommendations, the 7-day rolling average percent positivity in Schenectady County, as calculated by NYSDOH, must be at or below 4.0%. If the 7-day rolling average percent positivity is above 4.0%, then activities will be restricted to individual or distanced group training or organized no/low-contact group training. In addition, we will abide by the following metrics:

● The region’s hospital capacity (percent of hospital beds available) must be above 15%, as calculated by NYSDOH.

● The region’s rate of hospital admissions must not be unacceptably high or require additional interventions to control the rate of growth, as determined by NYSDOH.

● The absence of other emerging epidemiological data, information or factors as determined or identified by the Centers for Disease Control and Prevention (CDC), New York State Department of Health (NYSDOH) or Schenectady County Public Health Services (SCPHS) that impact COVID-19 control or mitigation.

Testing- Tartan Youth Lacrosse will cooperate with all testing protocols for athletes, coaches, and officials that will be released by the Schenectady County DOH.

Health Screening- Parents will make Tartan Youth Lacrosse aware of any health concerns including COVID exposure (past or present). Each participant’s parent/guardian may be emailed a COVID-19 attestation to fill out and submit prior to being allowed to participate. Players and spectators may have their temperature taken upon entering practice/events.

Informed Consent- All parents will sign an informed consent form as part of the registration process. In addition, each parent/guardian, athlete, coach, referee, and manager will agree to fully cooperate with case investigations and contact elicitation and to adhere to isolation and quarantine orders.

**LOGISTICAL CONSIDERATIONS**

The Spring 2021 Lacrosse season will commence on April 14th and will conclude on June 20, 2021. Additional dates may be added to the spring season.

Contact- Tartan Youth Lacrosse administrative contact is Rick Frederick (518-813-2399 and email address is theteamfrederick@gmail.com) for all event dates. Questions, comments, and concerns should be directed to Rick.

Masks - In accordance with [NYSDOH Guidance](https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationMasterGuidance.pdf) (Interim COVID-19 Guidance for Sports and Recreation) responsible parties must ensure a distance of at least six feet is maintained among individuals at all times, whether indoor or outdoor, unless safety or the core activity (e.g. practicing, playing) requires a shorter distance. If a shorter distance is required, individuals must wear acceptable face coverings, unless players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however, that coaches, volunteers, and other individuals who are not directly engaged in physical activity are required to wear a face covering. A participant would need a note from their doctor stating that they can’t wear a mask for the program director to approve it. Participants should tell coaches immediately when they are not feeling well. Protective shields may be used on helmets and substitute as a protective barrier.

Drop off – You are strongly encouraged to drop off and pick up your player to reduce congestion for grades 3 and above. Participants in grades K-2 should have at least one spectator remain at the practice and games (in vehicle or in spectator area). We trust our parents/guardians to practice social distancing.

Spectators: All spectators need to stay in the spectator area. Each spectator must stay 6 feet away from other spectators and wear a mask. Hand sanitizer and disposable masks are the responsibility of each player’s family.

Paperwork- To limit contact and congregation, all registration paperwork will be done with online forms. Registration Fee payment will be made on the first day of practice for your player. Player pinnie/jersey will be given at that time.

Handshaking- There will be no shaking hands or high fives during camp. This is a sad side effect of the global pandemic.

Bench Area - All accommodations should be made for social distancing while athletes are in the bench area while scrimmaging.

Officials - Officials are encouraged to come dressed to officiate. Officials are not responsible for monitoring activities on the sidelines such as social distancing and mask wearing. Officials will be required to self-certify per the requirements of Tartan Youth Lacrosse. Within the self-certify officials will need to agree with full cooperation in case investigations and contact elicitation and adherence to isolation and quarantine orders.

Coaches- All Coaches for Tartan Youth Lacrosse will be required to attend a pre-camp meeting to review sport specific safety protocols as well as consistent camp day procedures.

CAMP WAIVER

As the parent/guardian of the registered player I conform to all applicable policies, rules, regulations and standards of conduct as established by Tartan Youth Lacrosse, hereinafter ‘the league’ . I grant the league, its employees, agents and representatives the authority to act in any attempt to safeguard and preserve the health and safety of participants during the use of these facilities including authorizing medical treatment on behalf of participants at the participant’s expense and of returning the participant to their home. I agree to indemnify and save harmless the league from and against any and all loss, damage claim, demand, liability or expense by reason of any damage or injury to property or person which may be claimed to have arisen as a result or in connection with the facility, and hereby agrees to reimburse the league for any and all costs to repair all damage that may be caused directly or indirectly to the facilities during the time period of occupancy and/or use of said premises. I will provide proof of insurance when requested by the league and acknowledge reading this document and understanding and accepting the terms stated.